

ARNIS—Brown Belt—1st TEST

NAME:	1st Evaluation	2nd Evaluation	3rd Evaluation	4th Evaluation	5th Evaluation
	Date:	Date:	Date:	Date:	Date:

Technique:	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Rating Scale:	Comments:
Example: 12 Strikes	M ₇	M ₇	M ₇	M ₇	P ₁₀	1 2 3 4 5 6 7 8 9 10	PERFECT!
Flow Sparring—Locks & Disarms						1 2 3 4 5 6 7 8 9 10	
Flow Sparring—Disarms to Stick Finger Locks						1 2 3 4 5 6 7 8 9 10	
Flow Sparring—Snaking Stick						1 2 3 4 5 6 7 8 9 10	
Flow Sparring—L & R All Tip & Butt Locks						1 2 3 4 5 6 7 8 9 10	
Flow Sparring—Take all to Finishing Moves						1 2 3 4 5 6 7 8 9 10	
Flow Sparring—L on R w/ Inside/Outside Circles						1 2 3 4 5 6 7 8 9 10	
Flow Sparring—L on R Witic						1 2 3 4 5 6 7 8 9 10	
Flow Sparring—Passing & Abinico						1 2 3 4 5 6 7 8 9 10	
Immediate Action Drills —Straight Grab						1 2 3 4 5 6 7 8 9 10	
Immediate Action Drills —Cross Grab						1 2 3 4 5 6 7 8 9 10	
Immediate Action Drills —Tricep Grab						1 2 3 4 5 6 7 8 9 10	
Immediate Action Drills —Two Hand Choke						1 2 3 4 5 6 7 8 9 10	
Immediate Action Drills —One Hand Choke						1 2 3 4 5 6 7 8 9 10	
Immediate Action Drills —Two Hand Push						1 2 3 4 5 6 7 8 9 10	
Immediate Action Drills —One Hand Push						1 2 3 4 5 6 7 8 9 10	
Immediate Action Drills —Jab						1 2 3 4 5 6 7 8 9 10	
Immediate Action Drills —Cross						1 2 3 4 5 6 7 8 9 10	
Immediate Action Drills —Wide Hook						1 2 3 4 5 6 7 8 9 10	
Immediate Action Drills —All Stick Strikes						1 2 3 4 5 6 7 8 9 10	
Teaching Technique: <i>Fill in Technique Taught</i>						1 2 3 4 5 6 7 8 9 10	
JuJitsu—Front Fall						1 2 3 4 5 6 7 8 9 10	
JuJitsu—Side Fall (Right & Left)						1 2 3 4 5 6 7 8 9 10	
JuJitsu—Back Fall						1 2 3 4 5 6 7 8 9 10	
JuJitsu—Front Roll						1 2 3 4 5 6 7 8 9 10	
JuJitsu—Back Roll						1 2 3 4 5 6 7 8 9 10	