

ARNIS—Purple Belt—4th TEST

NAME:	1st Evaluation	2nd Evaluation	3rd Evaluation	4th Evaluation	5th Evaluation
	Date:	Date:	Date:	Date:	Date:

Technique:	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Pass/ Miss	Rating Scale:	Comments:
Example: 12 Strikes	M₄	M₅	M₆	M₅	P₇	1 2 3 4 5 6 7 8 9 0 ¹⁰	Nice even Speed
12 Strikes—Any Strike G & T Counter to Hand						1 2 3 4 5 6 7 8 9 10	
12 Strikes—Add Disarms						1 2 3 4 5 6 7 8 9 10	
12 Strikes—Abanico Corto 5 from #1 Strike						1 2 3 4 5 6 7 8 9 10	
12 Strikes—Abanico Corto 5 from #2 Strike						1 2 3 4 5 6 7 8 9 10	
12 Strikes—Single Stick Single Siniwalli to Right on Right Entries						1 2 3 4 5 6 7 8 9 10	
12 Strikes—Add 1—5 & 7						1 2 3 4 5 6 7 8 9 10	
12 Strike—7 Entry G & T Drill						1 2 3 4 5 6 7 8 9 10	
12 Strike—Block, Check, Counter, Counter						1 2 3 4 5 6 7 8 9 10	
12 Strike—Empty Hand Disarms 1—6						1 2 3 4 5 6 7 8 9 10	
Siniwalli—Reverse Siniwalli with Stick						1 2 3 4 5 6 7 8 9 10	
Siniwalli—Reverse Siniwalli w/ Empty Hand						1 2 3 4 5 6 7 8 9 10	
Siniwalli—Reverse Applications						1 2 3 4 5 6 7 8 9 10	
Siniwalli—2,2&2 Drill (Sing, Doub, Rev)						1 2 3 4 5 6 7 8 9 10	
JuJitsu—Bicep Lock (from Mobility Throw)						1 2 3 4 5 6 7 8 9 10	
JuJitsu—Squat Lock (from Mobility Throw)						1 2 3 4 5 6 7 8 9 10	
JuJitsu—Standing Arm Bar (from mobility throw)						1 2 3 4 5 6 7 8 9 10	
JuJitsu—Palm Press (from Mobility Throw)						1 2 3 4 5 6 7 8 9 10	
JuJitsu—Tricep Spin (from Mobility Throw)						1 2 3 4 5 6 7 8 9 10	
JuJitsu—Back Roll						1 2 3 4 5 6 7 8 9 10	
JuJitsu—Back Fall						1 2 3 4 5 6 7 8 9 10	
JuJitsu—Front Roll						1 2 3 4 5 6 7 8 9 10	
JuJitsu—Front Fall						1 2 3 4 5 6 7 8 9 10	